



Give today

to provide opportunities and access for all.

YMCATriangle.org/give



YMCA MEMBERSHIP

\$52 = One month of YMCA membership for an adult.

SWIM LESSONS

\$85 = Six-lesson session and the opportunity to learn a valuable life-saving skill.

YOUTH SPORTS

\$100 = One season for a child to build confidence, learn skills and make new friends.

KINDERCAMP

\$154 = One week, half-day camp for a preschooler including swimming, arts & crafts, games and nature appreciation.

GROUND WATER EVENT

\$150 = An opportunity for a participant to attend a three-hour workshop that examines the characteristics of modern-day racial inequity.

CAMP HIGH HOPES

\$183 = A week of exciting activities during our subsidized summer day camp including transportation, meals, academic enrichment, positive role models and character development.

SUMMER DAY CAMP

\$215 = One fun-filled week of exciting activities such as swimming, games, arts and crafts and sports, positive role models and character development.

RACIAL EQUITY INSTITUTE

\$295 = A two-day learning experience designed to help an adult learner understand and address racism both in their organization and the community.

CAMP G.R.A.C.E.

\$486 = one, two-week day camp session for a child, age 5 – 15 with Pervasive Development Disorder or Autism.

YMCA NC YOUTH & GOVERNMENT

\$495 = One year of service, teamwork and conference experience for a teen.

LEADERS CLUB

\$608 = A yearlong program that builds a teen's character, teaches teamwork, and reinforces service to others.

Y HEALTH

\$1,078 = One year of prescribed evidence-based care for patients with an identified health risk or diagnosis, including programs like **Moving for Better Balance, Diabetes Prevention, Healthy Weight and Your Child, LIVESTRONG and Weight Loss.**

LIGHTNER Y ACHIEVERS

\$1,168 = Teens of color participate in civic engagement, community service projects and academic enhancement programs.

Y LEARNING

\$2,000 = One year in evidence-informed programs and curriculums that work to close the achievement gap.

YMCA AFTER SCHOOL

\$2,087 = One year of recreation, role models and homework assistance for a child.

YMCA COMMUNITY HOPE

\$2,407 = One year of academically structured mentoring with a focus on literacy that addresses the individual learning needs of students living in affordable housing communities.