



# give today

to ensure opportunity and access  
where we all belong

## SUPPORT EDUCATION



### CAMP G.R.A.C.E.

A one-time gift of \$552 or a monthly gift of \$46 provides a child with Pervasive Development Disorder or Autism Spectrum Disorder with a two-week day camp session focusing on character building, social skill development, games, art, music, water play and sensory integration.

### POWER SCHOLARS

A one-time gift of \$1,436 or a monthly gift of \$120 provides five weeks of summer learning through math and reading remediation combined with enrichment programming for a child who is struggling to reach school system benchmarks.

### Y LEARNING

A one-time gift of \$2,276 or a monthly gift of \$190 provides one year in evidence-informed academic support programs and curriculums that work to close the achievement gap.

## IMPROVE HEALTH OUTCOMES



### YMCA MEMBERSHIP

A one-time gift of \$57 or a monthly gift of \$5 provides a monthly membership for an adult.

### SWIM LESSONS

A one-time gift of \$98 or a monthly gift of \$8 allows a child to gain life-saving skills through a series of swim lessons.

### YOUTH SPORTS

A one-time gift of \$110 or a monthly gift of \$9 helps a child learn skills and make new friends through a season of youth sports.

### Y HEALTH

A one-time gift of \$1,078 or a monthly gift of \$89 provides one year of prescribed evidence-based care for individuals with an identified health risk or diagnosis, including programs like Moving for Better Balance, Diabetes Prevention, Healthy Weight and Your Child, LIVESTRONG at the YMCA and Weight Loss.

## DEVELOP CHANGEMAKERS



### RACIAL EQUITY INSTITUTE & GROUNDWATER EXPERIENCE

A one-time gift of \$475 or a monthly gift of \$39 provides an adult learner with experiences designed to help them understand and address racism and systemic inequities.

### LEADERS CLUB

A one-time gift of \$495 or a monthly gift of \$41 provides a teen with a year-long program that builds character, teaches teamwork and reinforces service to others.

### YMCA NC YOUTH & GOVERNMENT

A one-time gift of \$635 or a monthly gift of \$53 provides a teen with one year of service, teamwork and conference experience empowering them to be changemakers and improve their communities.

### LIGHTNER Y ACHIEVERS

A one-time gift of \$1,220 or a monthly gift of \$102 provides one year of civic engagement, community service projects and academic enhancement programs for a teen of color.

## STRENGTHEN FAMILIES



### SUMMER DAY CAMP

A one-time gift of \$236 or a monthly gift of \$19 provides a child with one week of exciting activities like swimming, games, arts & crafts and sports, combined with positive role models and character development.

### CAMP EXCEL

A one-time gift of \$238 or a monthly gift of \$20 provides a child with a week of summer fun during our no cost day camp including transportation, meals, academic enrichment, positive role models and character development.

### YMCA AFTER SCHOOL

A one-time gift of \$2,347 or a monthly gift of \$195 provides one year of recreation, role models and homework assistance for a child.



ANNUAL CAMPAIGN 2024  
[YMCAtriangle.org/give](https://YMCAtriangle.org/give)

Suggested gift amounts reflect the average cost of the program.  
Programs are subject to change.