



FACILITY HAPPENINGS

WELLNESS FLOOR UPDATES

FALL 2024

HERE. WE. GO! Our new strength equipment is scheduled to arrive October 10 - 11*, and along with its arrival will come a new layout on our wellness floor!

***The wellness floor will be closed from 10 a.m. on Thu., Oct 10 through Fri., Oct. 11.**

WELLNESS FLOOR LEGEND

-  **CARDIO**
-  **STRENGTH CIRCUIT**
-  **PLATED WEIGHTS**
-  **POWER LIFTING**
-  **FREE WEIGHTS**
-  **FUNCTIONAL TRAINING**

We'll continue to share timely updates online (bit.ly/KerrUpdates or QR below), via Kerr Facebook and with mobile app notifications when branch operations may be significantly impacted.

