



# HURRICANE HELENE RELIEF

*Helping our neighbors*

## REQUESTED RELIEF SUPPLIES

- Bottled water
- Diapers
- Hand Sanitizer
- Baby Wipes
- Sanitizer Wipes
- Toiletries/Sanitation Items
- Toothbrushes
- Toothpaste
- Feminine Hygiene Products
- Pet Food
- Protein/Meal Bars
- Sports Drinks (powdered)
- Hydration Packs (powdered)
- Bug Spray
- Sunscreen
- Plastic Utensils
- Healthy, Non-Perishable Food
- Manual Can Openers
- Trash Bags (15 gallon or contractor bags)
- Cleaning Supplies
- Plastic Sheets/Tarps
- Heavy Duty Gloves
- Socks (new/unopened)

*Please drop off at your local YMCA of the Triangle branch, overnight camp or the Association office. Supply delivery will be coordinated with our sister YMCAs in Western Carolina.*