



// No One Feels Alone.

The YMCA Annual Campaign strengthens connection and belonging across our community. By creating welcoming spaces and meaningful opportunities to engage, the Y helps people build relationships, find support and feel part of something bigger than themselves, regardless of age, background or life circumstance.

Whether it's someone finding encouragement in a group fitness class, a volunteer giving back to their community, a child making friends at camp, a teen developing leadership skills or an older adult building new connections, the Y brings people together in ways that enrich lives and strengthen communities.

Annual Campaign support helps people find connection and belonging through:

- Expanding access for all
- Creating welcoming spaces for connection
- Building friendships through shared experiences
- Connecting people through group fitness and wellness
- Inspiring service through volunteering and engagement



“Having the Y
was lifesaving.”

Trey and Kaden

After losing his wife to breast cancer and facing financial hardship, Trey needed a safe, supportive place for his son Kaden to go after school and during the summer. Through YMCA financial assistance, their family gained access to a family membership at the YMCA.

What began as a practical need became a source of connection and belonging. Kaden developed confidence through swim lessons, earning the highest swim level at the Y, while building friendships and discovering new strengths. Trey found a welcoming community where both he and his son felt supported during a difficult season of life.

Financial assistance helps ensure that no one has to navigate life's challenges alone.



Explore how the YMCA Annual Campaign helps families like Trey and Kayden find support and community.

YMCATriangle.org/give