



The Y. A Community  
For a Lifetime.

### **YMCA MEMBERSHIP**

**A one-time gift of \$64 or a monthly gift of \$5** provides one month of membership for an adult.

### **SWIM LESSONS**

**A one-time gift of \$110 or a monthly gift of \$9** allows a child to gain life-saving skills through a series of swim lessons.

### **YOUTH SPORTS**

**A one-time gift of \$122 or a monthly gift of \$10** helps a child learn skills and make new friends through a season of youth sports.

### **CAMP EXCEL**

**A one-time gift of \$246 or a monthly gift of \$21** provides a child with a week of summer fun during our no cost day camp including transportation, meals, academic enrichment, positive role models and character development.

### **SUMMER DAY CAMP**

**A one-time gift of \$258 or a monthly gift of \$22** provides a child with one week of exciting activities like swimming, games, arts & crafts and sports, combined with positive role models and character development.

### **CAMP G.R.A.C.E.**

**A one-time gift of \$552 or a monthly gift of \$46** provides a child with Pervasive Development Disorder or Autism Spectrum Disorder with two weeks of day camp focusing on character building, social skill development, games, art, music, water play and sensory integration.

### **YMCA NC YOUTH & GOVERNMENT**

**A one-time gift of \$685 or a monthly gift of \$57** provides a teen with one year of service, teamwork and conference experience empowering them to be changemakers and improve their communities.

### **LEADERS CLUB**

**A one-time gift of \$871 or a monthly gift of \$73** provides a teen with a year-long program that builds character, teaches teamwork and reinforces service to others.

### **Y HEALTH**

**A one-time gift of \$1,149 or a monthly gift of \$96** provides one year of prescribed evidence-based care for individuals with an identified health risk or diagnosis, including programs like Moving for Better Balance, Diabetes Prevention, Healthy Weight and Your Child, LIVESTRONG at the YMCA and Weight Loss.

### **POWER SCHOLARS**

**A one-time gift of \$1,545 or a monthly gift of \$129** provides five weeks of summer learning through math and reading remediation combined with enrichment programming for a child who is struggling to reach school system benchmarks.

### **LIGHTNER Y ACHIEVERS**

**A one-time gift of \$1,710 or a monthly gift of \$143** provides one year of civic engagement, community service projects and academic enhancement programs for a teen of color.

### **YMCA BEFORE SCHOOL**

**A one-time gift of \$1,838 or a monthly gift of \$153** gives a child a safe place to start their day.

### **YMCA AFTER SCHOOL**

**A one-time gift of \$2,596 or a monthly gift of \$216** provides one year of recreation, role models and homework assistance for a child.

### **Y LEARNING INTERVENTION**

**A one-time gift of \$2,995 or a monthly gift of \$250** provides one year in evidence-informed academic support programs and curriculums that work to close the achievement gap.



**YMCA ANNUAL CAMPAIGN**  
**[YMCATriangle.org/give](https://YMCATriangle.org/give)**

Suggested gift amounts reflect the average cost of the program.  
Programs and prices are subject to change.