



The Y. A Community For a Lifetime.

BECOME A *Sustainer*

Y Sustainers provide ongoing monthly support that helps expand access and create opportunity for people across our community. Their recurring gifts ensure the YMCA can continue building a community for a lifetime—where everyone is healthier, every child and teen is resilient and no one feels alone.

HOW TO BECOME A Y SUSTAINER.

Becoming a Y Sustainer could not be easier. Use the QR code to navigate to the Y Sustainer page, and follow the step-by-step directions for completing your ongoing monthly gift via credit or debit card.



A MONTHLY GIFT OF

- \$9 allows a child to gain life-saving skills through a series of swim lessons
- \$22 provides a child with one week of Summer Day Camp or Camp Excel, filled with swimming, sports, arts and crafts, positive role models and experiences that build confidence and character.
- \$46 creates opportunities for a child with Pervasive Development Disorder or Autism to gain social skills and participate in traditional camp activities during a two-week session of Camp G.R.A.C.E.
- \$57 provides a teen with a year of leadership, service and NC Youth & Government Conference experiences that inspire civic engagement.
- \$96 improves the well-being of adults with identified health risks through a session of prescribed, evidence-based care that includes a Y Health Coach and Membership
- \$250 prepares a student to reach school system benchmarks and achieve academic success through a year in Y Learning